

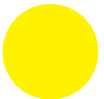


**NORMAL SYMPTOMS:**

- Pain controlled with medication
- Increased swelling with activity
- Stiffness without activity

**YOU SHOULD:**

- Continue current dosage and wean from narcotics
- Elevate, rest and ice your surgical extremity
- Perform your home exercises as prescribed



**IF YOU NOTICE THE FOLLOWING SYMPTOMS YOU SHOULD CONTACT YOUR OAM PROVIDER:**

- Drainage from your incision
- Redness or heat around your incision
- A temperature greater than 100.5 degrees
- Uncontrolled swelling
- Calf pain
- Pain to the surgical extremity that is not controlled with pain

- Continue current dosage and wean from medications
- A fall or injury to your surgical extremity
- New or unexplained bruising
- A dressing that becomes saturated with blood (apply pressure, ice, elevate, and call)
- Surgical extremity becomes white, blue, or cold
- Problems with urination after surgery
- Persistent nausea and vomiting after surgery



**IF YOU NOTICE THE FOLLOWING SYMPTOMS YOU SHOULD REPORT TO THE EMERGENCY ROOM:**

- Chest pain
- Shortness of breath at rest
- Extreme confusion



2680 Leonard Street NE  
Grand Rapids, MI 49525

**PHONE: (616) 459-7101**

**Clinic Hours:**

Monday-Friday	3pm to 9pm
Saturday	9am to 5pm

OAM has a Triage Nurse available Monday - Friday from 8am to 9pm  
and Saturday and Sunday from 7am - 7pm

Please call (616) 459-7101 with any questions or concerns